









## Year 6 – striking and fielding

### Key Vocabulary

Backstop		The player that stands behind the batter in rounders to retrieve the ball.
Long barrier		Crouched on one knee, placing your knee and foot close together and positioning your legs to make a barrier the ball can't get through.
Bowled out		The wicket is hit by the bowler.
Caught out		A fielder catches the ball before it touches the ground.
Run out		Where the wicket keeper has caught the ball before the batter runs back to the stumps.
Analyse		To think about something carefully and explain it.

### Techniques



### What I need to know:

#### Skills

- I know how to react quickly.
- I can demonstrate good agility and balance in order to throw accurately.
- I can revise the long barrier technique.
- I can practise the batting technique.
- I know how to direct the ball.
- I know how to play as a backstop in a game.
- I understand the rules of a game.

#### Health and Fitness

- I can explain how the body reacts to different kinds of exercise.
- I can explain why we need regular and safe exercise.

#### Evaluating and Improving

- I can analyse my own and others' performance.