



Year 6 – Dynamic Dance

Key Vocabulary

Street dance		A dance style that evolved outside dance studios.
Choreograph		To plan a sequence of steps and moves for a performance.
Fluency		The smoothness of one motif to another.
Dynamics		A name for the energy release or force of the movement (sudden, slow, strong, forceful, sustained, jerky, light, graceful, heavy and ungainly).
Routine		A sequence of actions.
Analyse		To think about something carefully and explain it.

Techniques

Mirroring



What I need to know:

Skills

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| <input type="checkbox"/> I can practise the patterns and actions in street dance. | <input type="checkbox"/> I know how to use expressive movements in dance. |
| <input type="checkbox"/> I can learn some street dance moves and devise poses. | <input type="checkbox"/> I can work with a partner to create a short dance phrase. |
| <input type="checkbox"/> I can demonstrate an awareness of the music's rhythm and phrasing when improvising. | <input type="checkbox"/> I can create a dance as a group, using any street dance moves. |
| <input type="checkbox"/> I can learn new moves that can be developed into a dance. | <input type="checkbox"/> I can work as a group and co-operate to adapt two routines and put them together. |
| <input type="checkbox"/> I can explore dance patterns and moving to the beat. | <input type="checkbox"/> I can dance as a group in time to music in a street dance style. |
| <input type="checkbox"/> I can create a dance that represents a street dance style. | <input type="checkbox"/> I can perform in front of an audience. |

Health and Fitness

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| <input type="checkbox"/> I can explain how the body reacts to different kinds of exercise. |
| <input type="checkbox"/> I can explain why we need regular and safe exercise. |

Evaluating and Improving

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| <input type="checkbox"/> I can analyse my own and others' performance. |
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